



© Vice President, (305) 763-3221
Miami, FL 33136

UTES OF PASSAGE YOUTH EMPOWERMENT ACADEMY

Summer Camp - After School - Intergenerational

Funding by   ALLIANCE FOR HUMAN SERVICES    visit us online or contact us today www.urgentinc.org
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"EMPOWERING AND REVITALIZING URBAN COMMUNITIES"

AFTER SCHOOL NEWS

GOULDS ELEMENTARY SCHOOL
CRYSTAL COFFEY, PRINCIPAL
23555 S.W. 112TH AVE MIAMI, FL 33032

March 2008

Happy St. Patrick's day



The Youth Empowerment After School Program is generously funded by The Children's Trust. The Children's Trust is a dedicated source of funding created by voter referendum in 2002 to improve the lives of children and families in Miami-Dade County by making strategic investments in their future – because all children are our children.

Parent Meeting

Parent Empowerment Meeting

**When: Tuesday
3/25/08**

**Time: 5:30pm-
6:30pm**

Mandatory

**Attendance re-
quired to main-
tain your child's
enrollment**

NO AFTER SCHOOL

TEACHER

PLANNING DAYS
March 21 and March 28

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#### SPRING BREAK

March 31 to April 4

No School

No After School.

ENJOY YOUR VACATION!!

### THANK YOU!!!

PARENTS are donating extra supplies and funds to the Urgent Inc. After School Program!!!

Special Thanks  
To the Parents of

Juan Henao, Joshua Traveras, Ashley and Adrian Reid, Antoine and Xzavier Rolle, Alejandra and Angelica Pinkney, Mario Rodriguez, Britney Georges, Kenneth Garcia, Miguel and Jose Matos, Romario Allen, Emily Garcia, Gabriel Abreu, Gary Ferguson, Mandola Thompson and teacher, Olivia Morris.

### AFTER SCHOOL STAFF

Programs Manager  
**Shedia Nelson**  
Site Coordinator  
**Emily Gunter**  
Counselor/Case Manager  
**Beverly Little**  
Counselors  
**Cid Cotto**  
**Belinda Cain**  
**Dominique Pratt**

### Family Field Trip

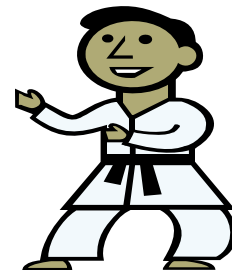
**DISNEY ON ICE**  
MARCH 26, 2008  
Wednesday  
6:45PM Ticket Pick Up Time-Gate 3  
Next to the Ticket Booth  
Where: American Airlines Arena  
Showtime: 7:30 PM

### Save The Date

Annual Rites of Passage  
Community Celebration!

May 3, 2008  
1:00-3:00pm

Hadley Park Black Box Theatre  
Special Guests: Goulds After  
School Karate Club & African  
Drum Club



**Uniform Fee  
\$25.00 Due Now!!**

Funding by  
The Children's Trust

**URGENT, INC**

# YOUTH

## EMPOWERMENT

### AFTER SCHOOL PROGRAM

"Empowering and Revitalizing Urban Communities"  
A 501 (c) 3 Community Based and Development Corporation

**NO REGISTRATION OR WEEKLY FEES**

**Homework Help** Art • Music • Drama • Dance  
Reading • and Field Trips  
Funding by The Children's Trust

- April 26th– Karate Demo Team and African Drum Club Rehearsal at Hadley Park Black Box Theater
- April 29th– Mandatory Parent Meeting-PEP-Parent Empowerment Program– Tuesday, 5:30 PM to 6:30 PM.
- May 3rd- Special Guests Performance of Urgent Inc's After School Karate Demo Team and African Drum Club at the Rites of Passage Community Celebration. 1:00-3:00 PM.
- May 3rd– PEP-Parent Empowerment Program Bus Trip to the Rites of Passage Community Celebration at Hadley Park. Bus Departs: approx. 11:45 AM.
- May 26th– Holiday– No School– No After School.
- May 27th-Last Mandatory Parent Meeting-PEP-Parent Empowerment Program, 5:30 PM to 6:30 PM.
- June 5th, Last Day of School.

## SCHEDULE OF EVENTS

- March 25th– PEP– Parent Empowerment Program-Mandatory Parent Meeting Tuesday, 5:30 to 6:30 pm.
- March 26th– Family Field Trip– Disney on Ice– 6:45 PM ticket pick up Gate 3 American Airline Arena. Dress warm!!!!!!!!!!!!
- Teacher Planning Days-March 21 and 28th. No School-No After School.
- Spring Break– March 31st to April 4th.

## March 2008

| Sun | Mon          | Tue       | Wed       | Thu | Fri          | Sat |
|-----|--------------|-----------|-----------|-----|--------------|-----|
|     |              |           |           |     |              | 1   |
| 2   | 3            | 4         | 5         | 6   | 7            | 8   |
| 9   | 10           | 11        | 12        | 13  | 14           | 15  |
| 16  | 17           | 18        | 19        | 20  | 21<br>XXXXXX | 22  |
| 23  | 24           | 25<br>PEP | 26<br>ICE | 27  | 28<br>XXXXXX | 29  |
| 30  | 31<br>XXXXXX |           |           |     |              |     |

# SUMMER CAMP



# rites of PASSAGE

## JUST FOR GIRLS!

Urgent, Inc.'s Youth Empowerment Summer Camp provides girls' opportunities to discover their capabilities cultivate their own skills and talents and increase their life skills, social skills, self-esteem and leadership abilities in a fun, safe and nurturing environment with high quality programming utilizing best practice strategies and standards.

**When:** June 16, 2008-July 25, 2008

**Where:** Booker T. Washington Senior High School, 1200 NW 6th Ave, Miami FL 33136

**Who:** Girls Ages 6-13

**Time:** Mon-Fri 8:30am-3:30pm

**Fees:** Registration \$30.00 Weekly Fee \$10

**Before/Aftercare:** Mon-Fri 7:30am-8:30am and 3:30-6:00pm

**Fees:** Weekly Fee \$20.00

**Highlights:** Daily Nutritional Snack, Field Trips Twice a Week, Cheerleading, Hip Hop, Haitian, African, Modern and Jazz Dance, Drama, Music, Entrepreneurship, Arts and Crafts, Journalism, Story Time, Creative Writing, Technology, Etiquette, Social Skills, Science, Nutrition, Recreation

### RELATIVE CAREGIVERS

### DO YOU NEED SUPPORT?

The Rites of Passage Intergenerational Project provides grandparents raising grandchildren and parents with support services in order reduce caregiver stress and increase knowledge of parenting skills.

### SUPPORT SERVICES

Monthly Caregiver Support Groups, Parenting Skills Workshops, Sitter service, Caregiver Respite and Family Field Trips

For More Information or to Register for the Program

### Program Contact

Case Manager:: Linda Jones

Cell Phone: 305-632-7327

Email: lperkins@urgentinc.org



The Rites of Passage Youth Empowerment Academy promotes positive female development by building upon internal and external developmental assets as girls' transition from adolescence to adulthood.

Girls ages 10-18 are provided with opportunities to discover their capabilities, cultivate their own skills and talents while increasing their life skills, social skills, self-esteem and leadership abilities.

**Who:** Girls Ages 10-17

Join a Rites of Passage Girls Club near you! Participate in our after school girls clubs. We meet once a week at various locations.

**When:** August 2008 May 2008

### Find a Location Near You

- Phyllis Wheatley Elementary, 1801 NW 1st Place Miami, FL 33136 Meetings: Every Tuesday after school until 5:30pm in the Art Room -
- Miami Edison Middle School, 6101 NW 2nd Ave Miami, FL 33127 Meetings: Start Date Pending -
- Miami Edison Senior High School, 6161 NW 5th Court Miami, FL 33127 Meetings: Start Date Pending -
- Westview Middle School at 1901 NW 127th St Miami, FL 33167 Meetings: Every Thursday after school until 5:30pm in Portable 28 -
- Phyllis Wheatley Elementary, 1801 NW 1st Place Miami, FL 33136 Meetings: Every Tuesday after school until 5:30pm in the Art Room -
- Miami Edison Middle School, 6101 NW 2nd Ave Miami, FL 33127 Meetings: Meets every Monday after school until 5:30 in the cafeteria

**Fees:** Free

### Highlights:

Activities include: Skill Development, Community Service, Employability Skills Training, Summer Paid Internships, Health and Sexuality Education, Performance and Visual Arts, Culture, Field Trips, and an annual recognition event at the end of the year.



### For More Information

Shedia Nelson, Programs Manager

**Cell:** 305-586-6694

**Email:** snelson@urgentinc.org

### How to Have Healthy Children who Can Learn With Ease!!

**What I am suggesting is for ALL children. The following message will improve their ability to learn and live.**

**The children's sensitive bodies do not get to rest because their diets are keeping them in a state of emergency.**

- 1) Take them OFF canned foods.
- 2) Feed them Fresh Fruits and Veggies.
- 3) Have them drink water
- 4) No red dye at ALL. (Like no red punch)
- 5) No refined white flour products.
- 6) No refined white rice.
- 7) NO SUGAR!! NO CANDY!!
- 8) NO SODAS!!
- 9) Get LAVENDER Room SPRAY.
  - A. Spray your house.
  - B. Spray their pillow 30 minutes before they go to sleep.
- 10) Have them BREATHE IN DEEPLY and SLOWLY through their nose and slowly out of their mouth. Six sets at a time. Not forced but relaxed breathing.
- Last but not least;;
- 11) NO WORRYING . HUG them gently with LOVE and COMPASSION.

It is time to hear the children laugh again.

Kind regards,

Ms. Emily